## **HSP DAY 2020**



### LEARNING EXCHANGE 2020

VIRTUAL WORKSHOP

5 - 6 OCTOBER 2020

FOLLOW US ONLINE: Youtube live streaming

## ONLY FOR REGISTRANTS:

- Interpretation in 5 languages
- Collaborative spaces to ask questions, share thoughts and experience
- Access to all event content and videos

## REGISTER HERE BEFORE:

4th October 2020

Free event





## E-MOTION LEARNING EXCHANGE 2020 6<sup>th</sup> October

Simultaneous interpretation in Italian, English Polish, Romanian, Spanish

#### Session I. CET 15:00 - 16:30

How parents and teachers can help their sensitive children and students navigate their feelings during school re-openings.

Manuel Fernández Alcántara - Nicolás Ruiz Robledillo, University of Alicante

Moisés Betancort Montesinos, University of La Laguna Gabriela Dumitru, ExpertPsy - Association of Psychologist Marija Vasilevska, |OUDG "Breshia"

#### Moderator

**Rosanna Capone,** Head of the Training Unit Metropolitan City of Rome Capital

#### Session 2. CET 17:00 - 18:30

Highly sensitive child. Model of support in school/preschool environment

Monika Baryła-Matejczuk - Małgorzata Artymiak, University Economics and Innovation in Lublin

Happy sensitive ME – Mindfulness and mindful movement programme for children, parents and teachers (Wear comfortable clothes to practice)

Maria Fabiani, Certified mindfulness trainer

#### Moderator

**Mario Giuseppe Tallarico,** Psychologist Metropolitan City Of Rome Capital

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In partnership with





# **LEARNING EXCHANGE 2020 E-motion, potential of high sensitivity**

Hosted by the metropolitan city of Rome Capital, the Learning Exchange 2020 is a unique and timely opportunity for those who are committed to the wellbeing of highly sensitive children and who strive to ensure that education focuses on developing the whole child.

E-MOTION 2020 LEARNING EXCHANGE is a "from the field, for the field" experience co-designed with thought leaders, parents and teachers across Europe to lift up best practices, strategies, and evidence-based practices, tools and programs from around Europe.

As the field's action-inspiring and partnership-building event, the 2020 E-motion Learning Exchange is for **teachers**, **parents**, **educators**, **school leaders**, **psychologists**, **speech and occupational therapists**, and everyone who is committed to improving the way we design, implement, support, and research effective and supportive learning and educational experiences for highly sensitive children, offering:

- Collaborative and informative spaces to hear from and share ideas with innovative practitioners, researchers, policymakers, and schools.
- Participating in experiential activities, engaging in practical sessions on mindfulness, mindful movement and somatic education
- Stimulating opportunities to learning how to apply gained skills, methods and activities in practical ways in everyday practice and life.

Simultaneous interpretation in 5 languages (Italian, English, Polish, Romanian, Spanish) available for registered participants.